

Medical Decision-Making Workshop

Sunday, November 11, 2018 at St. Andrew's Episcopal Church, Ann Arbor

Tools

Let's Stamp Out the Phrase 'There's Nothing More We Can Do'

http://www.huffingtonpost.com/cindy-finch-msw-licsw/lets-stamp-out-the-phrase_b_5652712.html

Change the warfare metaphors when it comes to illness

<http://www.kevinmd.com/blog/2013/04/change-warfare-metaphors-illness.html>

I wish I had asked that

http://cdn-www.informedmedicaldecisions.org/imdfdocs/Patient_Visit_Guide.pdf

4 perfect questions when facing an end of life situation

<http://www.kevinmd.com/blog/2012/04/4-perfect-questions-facing-life-situation.html>

5 questions every patient needs to ask

<http://www.kevinmd.com/blog/2012/07/5-questions-patient.html>

5 questions to change your end-of-life path

<http://www.kevinmd.com/blog/2012/07/5-questions-change-endoflife-path.html>

Helpful things to say to someone who's sick

<http://www.kevinmd.com/blog/2012/08/helpful-sick.html>

Helpful Information

The CPR We Don't See on TV

http://well.blogs.nytimes.com/2014/07/17/the-cpr-we-dont-see-on-tv/?_php=true&_type=blogs&_r=0

An emotional crossroad for caregivers of people with dementia: When loved ones struggle to eat

<http://uofmhealthblogs.org/general/an-emotional-crossroad-for-caregivers-of-people-with-dementia-when-loved-ones-struggle-to-eat/16336/>

Myths and Facts About Health Care Advance Directives

https://www.americanbar.org/content/dam/aba/migrated/Commissions/myths_fact_hc_ad.aut_hcheckdam.pdf

Understanding Do Not Resuscitate (DNR) Orders

<https://www.brighamandwomensfaulkner.org/patients-and-families/advance-care-directives/dnr-orders>

Palliative Care and Hospice FAQs

<https://getpalliativecare.org/whatis/faq/>

Medical Decision-Making Workshop

Sunday, November 11, 2018 at St. Andrew's Episcopal Church, Ann Arbor

The Long Goodbye (Seven Stages of Late Life)

<https://thesunmagazine.org/issues/460/the-long-goodbye>

“Somebody with a Backbone”: Tips for Choosing a Health Care Proxy

<http://theconversationproject.org/tcp-blog/somebody-with-a-backbone-tips-for-choosing-a-health-care-proxy/>

Advice From Health Care's Power Users

<https://www.nytimes.com/2018/10/20/upshot/advice-from-health-cares-power-users.html?smtyp=cur&smid=tw-upshotnyt>

Funeral/Estate Planning, etc.

Funeral Requirements Information Form

https://www.edomi.org/wp-content/uploads/2018/08/funeral_requirements_information_form.pdf

Writing a 'Last Letter' When You're Healthy

<http://www.nytimes.com/2016/09/07/well/family/writing-a-last-letter-before-you-get-sick.html>

There's More to Estate Planning Than Just the Will

<http://www.nytimes.com/2014/09/06/your-money/theres-more-to-estate-planning-than-the-will.html>

You Could Pay Thousands Less For A Funeral Just By Crossing The Street

<http://www.npr.org/2017/02/07/504020003/a-funeral-may-cost-you-thousands-less-just-by-crossing-the-street>

More Resources

Metta Institute® was established to provide education on spirituality in dying, inspired by the Buddhist tradition.

<https://www.mettainstitute.org/resources.html>

“Biodegradable urn” - look up on Google or other search engine