



# ST. ANDREW'S EPISCOPAL CHURCH

306 N. Division Street., Ann Arbor, MI 48104 • (734) 663-0518 [standrewsaa.org](http://standrewsaa.org)



*Born Again, 2016*

Lauren Wright Pittman

*Welcome to St. Andrew's*

**The Second Sunday in Lent**

**10:00 AM Holy Eucharist • March 1, 2026**

## Thank you for joining us for worship today!

Please fill out a welcome card, found in the pew rack, then put it in the offering plate or give it to one of the clergy following the service so that we can be in touch with you. For more information about St. Andrew's please visit our website at [standrewsaa.org](http://standrewsaa.org).

If you have a hearing aid equipped with telecoil capability, please note that the church sanctuary has been equipped with this technology.

As a courtesy to others, please turn off or silence your cellphone during the service.

### The Rev. Paul Frolick, Rector

[pfrolick@standrewsaa.org](mailto:pfrolick@standrewsaa.org)  
(585) 241-9317 (cell)

### Children

We welcome children of all ages at worship, and hope you will help them follow along in the service as best they can. Busy Bags are available in the narthex for young children. Please return them at the end of the service for others to use.

A Nursery for infants through toddler age is available during the service, located on the second floor of the Parish Hall. Children and youth in preschool through high school attend Sunday School from 9:45 am until they join their families during the Children's Entrance Hymn. *Preschoolers need to be picked up by a parent.*

### Sunday, March 1, 2026

8:00 AM Holy Eucharist  
8:45 AM Coffee Hour (LOBBY)  
9:15 AM Family Service (CHAPEL)  
9:45 AM Sunday School  
10:00 AM Holy Eucharist  
11:15 AM Coffee Hour (LOUNGE)  
6:30 PM Compline  
7:00 PM *Music for Meditation:* Christa Rakich

### Anglican Cycle of Prayer

In the Anglican Cycle of Prayer, we pray for *The Nippon Sei Ko Kai*.

In our own diocese we pray for the clergy and people of *Holy Cross (Novi) and St. Stephen's (Hamburg)*.

We pray for the clergy and people of the Evangelical Lutheran Church of America.

And we pray for all those throughout the world who suffer for their faith.

### Leaders in Today's Liturgy

*Celebrant:* Paul Frolick  
*Deacon / Preacher:* Felicity Thompson  
*Assisting:* Walt LaBatt  
*Director of Music & Organist:* Deborah Friauff  
*Organ Scholar:* Oliver Steissberg  
*Acolytes:* Giovanni Bickel, Luke Thompson, Addison McCreadie  
*Lectors:* Sarah Inwood, Kathryn Barnes  
*Intercessor:* Jackie Doneghy  
*Eucharistic Ministers:* Dave McCreadie, Bob Westveer, Marty Gillen, Barb Kelly  
*Ushers:* Joe Upton, Sue Upton  
*Bell Ringer:* Jim Galezewski  
*Lay Eucharistic Visitor:* Linda Hastings, Dennis Powers  
*Coffee Hour Host:* Mary White  
*Altar Guild:* Susan Wakefield, Harry McLaughlin, Claire McLaughlin, Bob Westveer  
*Bread Baker:* Elaine Mouradian

### Prayer List

*We're grateful to be able to pray for our parishioners, family members, and friends who are in need, and we think it is important to make these concerns known to our community. If we've removed a prayer request which should still be active, please contact Fr. Paul or the church office.*

Margaret Bennett, Bry Dennison, Richard Engdahl, Leslie Henry, Hilli Hockett, Luke, Nunu Lysloff, Tish Neidhardt, Virginia Nordby, Jean Peirce, Barbara Powers, David Powers, Veena Kulkarni-Rankin, Mary Richards, Ann Staiger, Nancy Stanley, Marcia Stillwagon, Nan Sudia, Larry Tweedle, Carlotta Wilson, Leslie Stainton, Deborah Fries, Dan Berry, Matilda, Bertha Blount, Nancy Borgeson, Tim, Peggy, Maureen Zatirka, Charles Witke, Kari Paetzold, Critter, Lisa Jaqua, John Ramsey, Maria Trombley, Ramon Howing, Amy Schulte and family, Jim Medlock, George Varghese, Read Gignilliat, Martin & Saloni Bridgeman, Jennifer Whiteford, Shirley Harden, Rudy Haertl, Barb and Roger Bowen, Mary Matthews, Beth Fredericks, David Higbee, Janet Higbee, Susan Powers, Jim Wortley, Baby Julian, Mary Bates, Carrie Bzdok & Family, and Ray Kordell

### Altar Flowers

Today's altar flowers are given to the glory of God and in loving memory of  
JERRY WILSON by Dennis & Jeanie Powers

**PRELUDE**

*Herzliebster Jesu*

Johannes Brahms (1833-1897)

**THE WORD OF GOD**

**HYMN**

*The great Creator of the worlds*

#489, *The Hymnal 1982* (Blue Book)

*Celebrant* Blessed be the God of our salvation:  
*People* **Who bears our burdens and forgives our sins.**

*Celebrant* If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8,9*

Let us confess our sins against God and our neighbor.

*Silence*            *Please stand or kneel*

**Most merciful God, we confess that we have sinned against you, in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

**KYRIE**

*Kyrie eleison*

#S-86, *The Hymnal 1982*

**COLLECT OF THE DAY**

*Celebrant* The Lord be with you.  
*People* **And also with you.**

*Celebrant* Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

*Please be seated.*

**THE FIRST LESSON** *Genesis 12:1-4a*

The LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the LORD had told him; and Lot went with him.

*Reader*           The Word of the Lord.  
*People*           **Thanks be to God.**

**PSALM 121**

Mode 1

**Refrain**

My help comes from the Lord, the mak-er of heav'n and earth.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

- <sup>1</sup> I lift up my eyes to the hills; \*  
from where is my help to come?
- <sup>2</sup> My help comes from the LORD, \*  
the maker of heaven and earth. **All sing refrain**
- <sup>3</sup> He will not let your foot be moved \*  
and he who watches over you will not fall asleep.
- <sup>4</sup> Behold, he who keeps watch over Israel \*  
shall neither slumber nor sleep; **All sing refrain**
- <sup>5</sup> The LORD himself watches over you; \*  
the LORD is your shade at your right hand,
- <sup>6</sup> So that the sun shall not strike you by day, \*  
nor the moon by night. **All sing refrain**
- <sup>7</sup> The LORD shall preserve you from all evil; \*  
it is he who shall keep you safe.
- <sup>8</sup> The LORD shall watch over your going out and your coming in, \*  
from this time forth for evermore. **All sing refrain**

**THE SECOND LESSON** *Romans 4:1-5, 13-17*

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who

without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

*Reader*           The Word of the Lord.  
*People*           **Thanks be to God.**

#### SEQUENCE HYMN

*Blessed Jesus, at thy word*

#440, *The Hymnal 1982*

**THE GOSPEL**     *John 3:1-17*

*Deacon*           The Holy Gospel of our Lord Jesus Christ according to John.  
*People*           **Glory to you, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the

wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

*Deacon  
People*

The Gospel of the Lord.  
**Praise to you, Lord Christ.**

## THE SERMON

The Rev. Dcn. Felicity Thompson

## THE NICENE CREED

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE *Please stand or kneel.*

Let us pray to the God who calls us by grace, watches over our journey, and brings new life to birth. *A brief silence* God of grace, we give you thanks that you call us by name and invite us into your promise. We thank you for the faith of Abraham and for all who have trusted you before us; for the gift of your watchful care that neither slumbers nor sleeps; and for your love revealed in Jesus Christ, who came not to condemn the world but to save it. For the gift of new birth by water and the Spirit, and for this community of faith in which we are nurtured and sent:

*People*

**We thank you, O God.**

God of trust, you called your servant Abram to leave what was familiar and step into promise. Call your Church again into holy trust. Where we cling to comfort, give us courage; where we fear the future, give us faith. Bless your Church throughout the world, and guide us here at St. Andrew's as we seek to follow where you lead. **Lord, in your mercy: hear our prayer.**

God of vigilance, you neither slumber nor sleep, and you keep watch over our going out and our coming in. Protect those who travel, those who serve far from home, and those who live without safety or shelter. Watch over the nations, especially Gaza, Ukraine, Sudan, and all places torn apart by conflict and violence. Guide leaders in the ways of justice and peace. **Lord, in your mercy: hear our prayer.**

God of promise, you give life to the dead and call into being things that do not exist. Renew communities that are weary or divided. Strengthen ministries that struggle. Bring hope where vision has grown dim. **Lord, in your mercy: hear our prayer.**

God of light, you spoke with Nicodemus in the quiet of the night and revealed the mystery of being born from above. Breathe your Spirit upon us. Where faith is small, kindle it. Where hearts are hardened, soften them. Make us people who live in the light and love the truth. **Lord, in your mercy: hear our prayer.**

God of compassion, we pray for those in need of healing and new life, especially those on our prayer list and those we name in our hearts. *Pause* Watch over caregivers and those who wait for answers. Be their shade at their right hand, their strength by day, and their peace by night. **Lord, in your mercy: hear our prayer.**

God of love, you so loved the world that you gave your only Son, not to condemn but to save. Teach us to love the world you love — to bless rather than curse, to give rather than grasp, to trust rather than fear. **Lord, in your mercy: hear our prayer.**

God of eternity, we commend to your keeping those who have died, especially Jerry Wilson, in whose memory the greens are given today. *Silence* Keep them in your steadfast love, and bring us at last into the fullness of your promise. **Lord, in your mercy: hear our prayer.**

God of life, keep us steadfast in faith throughout this Lenten pilgrimage. Lift up our eyes to the hills from whence comes our help; renew us by your Spirit; and lead us into the life that is truly life; through Jesus Christ our Lord. **Amen.**

## THE PEACE

*Celebrant*  
*People*

The peace of the Lord be always with you.  
**And also with you.**

## ANNOUNCEMENTS

**GIVE ONLINE!**



Ushers will receive your offering during the Offertory or you can give online via [Realm eGiving](#) using the QR code.

**OFFERTORY ANTHEM**  
*Let Nothing Ever Grieve Thee*

The St. Andrew's Adult Choir  
 Johannes Brahms

*Let nothing ever grieve thee, distress thee, nor fret thee; heed God's good will, my soul, be still, compose thee. Why brood all day in sorrow? Tomorrow will bring thee God's help benign and grace sublime in mercy. Be true in all endeavor and ever ply bravely; what God decrees brings joy and peace, He'll stay thee. Amen.*

**CHILDREN'S ENTRANCE HYMN**  
*My faith looks up to thee*

#691, *The Hymnal* 1982

**THE HOLY COMMUNION**

**THE GREAT THANKSGIVING**

Enriching Our Worship 2

*Celebrant* The Lord be with you.  
*People* **And also with you.**

*Celebrant* Lift up your hearts.  
*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.  
*People* **It is right to give our thanks and praise.**

We praise you and we bless you, holy and gracious God, source of life abundant. **From before time you made ready the creation.**

Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. **You made us in your image, and taught us to walk in your ways.**

But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. **Time and again you called us to live in the fullness of your love.**

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

**SANCTUS**

*Holy, holy, holy Lord*

#S-124, *The Hymnal* 1982

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. **Living among us, Jesus loved us.**

He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. **He yearned to draw all the world to himself, yet we were heedless of his call to walk in love.**

Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you. This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, as we remember Christ, crucified and risen, who was and is and is to come, **We offer to you our gifts of bread and wine, and ourselves, a living sacrifice.**

Pour out your Spirit upon these gifts, that they may be the Body and Blood of Christ. **Breathe your Spirit over the whole earth, and make us your new creation, the Body of Christ given for the world you have made.**

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

As our Savior Christ has taught us, we now pray,  
**Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

#### **FRACTION ANTHEM**

*Lamb of God*

*#S-161, The Hymnal 1982*

*Please come forward and stand or kneel at the rail. The priest will place the bread in your outstretched palm (Consecrated rice wafers are available for those with wheat allergies - simply ask the priest). You may dip (intinct) the bread in the wine in the small cup held by the first Eucharistic minister, or drink from the large chalice held by the second Eucharistic minister.*

*Please know that Christ is fully present in both the bread and the wine - there is no requirement to receive both. If you do not wish to receive communion, you may come forward, cross your hands over your chest, and receive a blessing.*

## COMMUNION ANTHEM

*Guide us, Lord*

The St. Andrew's Junior Choir

Mark Patterson (b. 1969)

*Guide us through these days, O, Lord; help us seek your way, trusting as you lead us with love, teach us again to pray. Help us know you more clearly, help us love you more dearly, help us follow you more nearly day by day. Guide us, Lord, we pray. Guide us through these days, O, Lord; help us seek your way, seeking wisdom from your word, strengthen our tender faith. When we stray and fall to sin help us find your path again, draw us closer in your fellowship of love.*

## COMMUNION HYMN

*Let thy Blood in mercy poured*

#313, *The Hymnal* 1982

## COMMISSIONING OF LAY EUCHARISTIC VISITORS

*Celebrant* In the name of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

*People* **We who are many are one body, because we all share one bread, one cup.**

## POST-COMMUNION THANKSGIVING

*Celebrant* Let us pray.

*People* **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## THE BLESSING

## CLOSING HYMN

*Lift high the cross*

#473, *The Hymnal* 1982

*The young people are invited to come forward to offer the dismissal after the choir processes out.*

*Young people* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

## POSTLUDE

*Wer nur den lieben Gott läßt walten BWV 642*

Oliver Steissberg, Organ  
Johann Sebastian Bach (1685-1750)

Permission to reprint and stream the music in this service obtained from ONE LICENSE, License #A-718890.

## THIS WEEK

### Sunday, March 1

8:00 AM Holy Eucharist (C)  
8:45 AM Coffee Hour (Lobby)  
9:15 AM Family Service (Cpl)  
9:45 AM Sunday School  
10:00 AM Holy Eucharist (C)  
11:15 AM Coffee Hour (L)  
6:30 PM Compline (C)  
7:00 PM *Music for Meditation:*  
Christa Rakich (C)

### Tuesday, March 3

3:30 PM Glacier Hills Service

### Wednesday, March 4

7:00 AM Holy Eucharist (Cpl)  
10:00 AM Centering Prayer (Cpl/Z)  
4:30 PM Jr Handbell Choir (C)  
4:30 PM Cherub Choir (CL)  
5:15 PM Junior Choir (CL)  
6:00 PM Evensong (Cpl)  
6:30 PM Handbell Choir (C)

### Thursday, March 5

10:00 AM Bible Study (Z)  
12:15 PM Division Street Pipes:  
Latimer Rogland (C)  
5:30 pm Book Discussion:  
*For Such a Time* (Cpl)  
7:15 PM Adult Choir (CL)

### Friday, March 6

12:15 PM Holy Eucharist (Cpl)  
7:00 PM Alcoholics Anon (PH)

### Saturday, March 7

10:00 AM Meeting: *Wizard of Oz*  
(Rainbow Room)

### Sunday, March 8

8:00 AM Holy Eucharist (C)  
8:45 AM Coffee Hour (Lobby)  
9:15 AM Family Service (Cpl)  
9:45 AM Sunday School  
10:00 AM Holy Eucharist (C)  
11:15 AM Coffee Hour (L)

(C): Church; (CL): Choir Loft; (Cpl): Chapel;  
(L): Lounge; (PH): Parish Hall; (Z): Zoom

## TODAY AT ST. ANDREW'S

### **Music for Meditation: Christa Rakich, Organ**

Today at 7:00 pm in the Church

Oberlin Organ Professor and early music specialist Dr. Christa Rakich performs a recital of Lenten organ music. *This concert is free and open to the public. Come early! Compline will be sung at 6:30 pm by the St. Andrew's Early Music Ensemble.*

### **Fund Drive for Food Gatherers**

We are having a Food Gatherers donation drive next Sunday. Your donations to our 2025 drives totaled \$58,440, with the matches, and provided 116,880 meals to those less fortunate in our community. *All donations up to \$2,000 will be matched by a generous anonymous member of our congregation. And all donations will be MATCHED AGAIN by the Harold and Kay Peplau Family Fund, up to \$15,000.*

If you are able to contribute, you can:



SCAN ME

- **DONATE AT CHURCH** next Sunday
- **DONATE ONLINE** using the QR code, or at [www.foodgatherers.org/standrews](http://www.foodgatherers.org/standrews)
- **MAIL A CHECK** made out to Food Gatherers (*with "St. Andrew's" in the memo line!*) to

Food Gatherers, Box 131037, Ann Arbor, MI 48113

## UPCOMING EVENTS

### **Book Discussion: *For Such a Time as This: An Emergency Devotional* by Hanna Reichel**

Thursdays, March 5, 12, & 19 at 5:30 pm in the Chapel

Barb Kelly and Fr. Paul have been reading *For Such a Time as This: An Emergency Devotional* by Hanna Reichel. Published in 2025, this thoughtful devotional offers short reflections rooted in Scripture, historical wisdom, and the core commitments of Christian faith to help ordinary Christians consider how to live faithfully in extraordinary times. Drawing on stories of courageous witnesses from church history and offering practical, spiritually grounded insights, Reichel's book gives us rich material for conversation and discernment. *Please RSVP to Fr. Paul at [pfrolick@standrewsaa.org](mailto:pfrolick@standrewsaa.org) or 585-241-9317.*

### **First Meeting: *The Wizard of Oz***

Saturday, March 7 at 10:00 am in the Rainbow Room

The Saint Andrew's Players are excited to announce the spring musical will be one of our all time favorites, *The Wizard of Oz!* Join us for the first meeting and read through - all ages and experience welcome! Bring a dish to pass for our potluck brunch if you are able. *Questions? Contact Norm Richert at [nrichert@comcast.net](mailto:nrichert@comcast.net).*

## Caregivers' Luncheon

*Tuesday, March 10 at 12:00 pm in the Lounge*

If you are caring for a spouse, parent, child, or friend, you know both the deep love and the quiet demands that come with that calling. You are warmly invited to join us for a Caregivers' Luncheon on Tuesday, March 10 at noon in the Lounge. We'll share a simple meal, time for reflection, and the encouragement that comes from being together with others who understand. Please know you are not alone in this work. *For more information, or to RSVP for lunch, contact Fr. Paul at [pfrolick@standrewsaa.org](mailto:pfrolick@standrewsaa.org) or 585-241-9317.*

## Free CPR Class

*Wednesday, March 18 from 1 - 5:00 pm in the Chapel*

You're invited to a free CPR class sponsored by the Episcopal Health Ministry. Whether you're getting certified for the first time or need a refresher, this hands-on training—including AED use—will give you the skills to respond in an emergency. *Registration is required by March 4. Space is limited! Call the Church Office at (734) 663-0518 to register.*

## ANNOUNCEMENTS

### Baptism, Confirmation, and Reception at Easter

Easter is the Church's great celebration of Christ's resurrection and new life, and from the earliest centuries it has been the traditional time for people to be baptized and to make a mature affirmation of faith.

If you or someone in your household would like to explore Holy Baptism at the Easter Vigil here at St. Andrew's, or if you have been baptized and are interested in Confirmation or Reception into the Episcopal Church with the Bishop at the Easter Vigil at the Cathedral in Detroit, Fr. Paul would be glad to talk with you. The Easter Vigil is Saturday, April 4 at 7:00 pm here at St. Andrew's; at 8:00 pm at the Cathedral in Detroit. *Please contact Fr. Paul ([pfrolick@standrewsaa.org](mailto:pfrolick@standrewsaa.org); 585-241-9317) in the next week or so we can begin the conversation and preparation.*

## COMMUNITY EVENTS

### Division Street Pipes at St. Andrew's!

*Thursdays at 12:15 pm in the Church*

Each recital will feature talented students and faculty of the U-M Organ Department. *These 30-minute performances are free and open to the public. Join us this Thursday, March 5,* for a recital by Latimer Rogland. Latimer is a Junior studying organ with Professor Nicole Keller, and pursuing a BMA in Organ Performance with a minor in Digital Studies. Latimer recently won third place in a National Undergraduate Organ Competition. His interests include new and experimental works, merging organ and electronics, fugue, and music by under-represented composers. Latimer will perform works by Sweelinck, Froberger, Howells, and Alain.

## MUSIC NOTES

### Hymn 473: *Lift High the Cross*

Jesus tells Nicodemus that the Son of Man must be lifted up; this hymn calls us to lift up the cross in praise. There are two distinct parts to this hymn. The refrain is a vigorous march, suitable to the call to share Christ's love with the world. The stanza melody is reflective about why we lift the cross. The first verse refers to the vision of the cross that converted Constantine (in hoc signo vinces, "in this sign you conquer"); the second reminds us of our baptism, the last two celebrate the crucified Lord's victory. The alternation of thoughtful verses and the jubilant refrain gives this hymn its movement.  
-- Donna Wessel Walker

### *Let Nothing Ever Grieve Thee*

Johannes Brahms (1833-1897) composed this morning's anthem, Geistliches Lied, Op. 30: Lass Dich Nur Nichts Nicht Dauren, in 1856. It was his earliest accompanied choral work; written as a counterpoint exercise, it is set as a double canon but at an interval of a ninth. The original German text by Paul Fleming (1609-1640) was translated into English by Walter E. Buszin (1899-1973), a prominent American Lutheran musicologist and editor.  
-- Dennis Powers