Above: Celebrating Dr. Deborah Friauff's 20th anniversary with St. Andrew's on September 8, 2024 · K. Riedel

### Dear friends,

From September 29th to November 25th, a bus-sized asteroid named 2024 PT5 will be pulled into a temporary orbit around the Earth. This asteroid comes from the Arjuna asteroid belt, a group of small asteroids with Earth-like orbits around the Sun. Occasionally, one of them comes close enough to Earth to get captured in our gravitational field and makes a horseshoe-like orbit around our planet: a sort of temporary 'mini-moon.' After a few months, the mini-moon escapes from Earth's pull and returns to its orbit around the Sun.

Unfortunately, you won't be able to see this fall's minimoon without a professional telescope. As Kasha Patel writes in The Washington Post, "At 33 feet long, the minimoon is too mini for our eyes. Its closest approach is still five times farther than our permanent, non-mini moon." Given its size and distance, it's pretty miraculous astronomers were able to detect it at all. Asteroid 2024 PT5 was discovered in August by an early-warning system for incoming asteroids called the Asteroid Terrestrial-impact Last Alert System (ATLAS). While a couple of other mini-moon events have been detected over the years, some astronomers suspect that there are many more small objects drawn into temporary orbits around our planet that go undetected. Still, mini-moon events are likely rare, given that a lot of physics have to align: the object must come very close to Earth traveling at a relatively slow pace (about 2,200 mph).

Something about this mini-moon has caught my imagination. The 'vast expanse of interstellar space' (as our Eucharistic Prayer C puts it), the sheer speed at which planets and rocks are hurtling through the incomprehensible distance and emptiness, the chance encounter resulting in a temporary orbit: all of it is just miraculous. I can't help but see it as a sort of metaphor for my own life: friendships that lasted for a season before we both moved on in different directions; interests and hobbies that commanded my sometimes obsessive attention for

a time until I lost interest; ideas and ways of looking at the world that seemed so *right* until somehow they no longer made any sense. I've also been reflecting on what people, ideas, and activities have had a more permanent pull on my life, what things I have kept returning to over the years.

How about you? What does your universe look like? What is exerting an inescapable pull on your life and attention? What people, activities, and ideas helped shape who you are even if they are no longer part of your life today?

Grateful for all of you, and for the way God is working in our congregation to draw us together.

Peace, Paul

### **Leadership for Social Justice Ministries**

I'm pleased and grateful that Merilynne Rush and The Rev. JoAnn Kennedy Slater have stepped up to provide leadership for our Social Justice Ministries. This fall, we'll continue to focus on providing resources for navigating the election (read about upcoming events in these pages).

Merilynne and JoAnn will gather people who are interested in social justice in the new year to plan new directions and initiatives for this important ministry here at St. Andrew's.





# **Parish Briefs**

# **Prayer Vigils in Anxious Times**

Tuesday, October 1 - November 5 at 5:30 pm

This fall, we'll gather in the Chapel on the first Tuesday of the month to pray, with words and with silence, for peace, understanding, and healing of the divisions in our country. Please join us.

# **Anglican Identity**

Thursday, October 3 at 5:30 pm in the Chapel

What is distinctive about the Episcopal church, about our particular way of being Christian? What is our special calling as Episcopalians? Please join us and explore these questions!

### St. Andrew's Gets Outside

Saturday, October 5 at 9:00 am
We're going for a walk, and we
would like you to join us! Our next
outing will be at 9:00 am on the first
Saturday of the month at the Gallup
Park Boat Launch (3310 Geddes
Road - it is the parking lot EAST of
Huron Parkway), and we will meet
next to the big goose statue.

# Surviving the Election: Depolarizing Within

Saturday, October 5 from 1-2:30 pm in the Lounge

This is the Social Justice Ministry's third offering this fall. Using a workshop style with large and small group discussion, we'll delve a little deeper into how to converse with those who have different political viewpoints than our own. To learn more, visit braverangels.org. All are welcome. Contact Merilynne Rush with any questions: msh.rush@gmail.com, 734-395-9660.

# **Confirmation and Reception**

Sunday, October 6

Our bishop, The Rt. Rev. Bonnie Perry, will be with us on Sunday, October 6 for all worship services. She will preach and celebrate, and at the 10:00 am service, will confirm ten of our youth, six of our adults, and receive six people into the Episcopal church. We'll have a festive reception downstairs in the parish hall to greet our bishop and celebrate with our confirmands and new Episcopalians - hope to see you in church!

# **Blessing of the Animals**

Sunday, October 6 at 4:00 pm In honor of St. Francis of Assisi, join us on the lawn and have your pet (or photo or stuffed animal!) blessed.

# **Ann Arbor Marathon**

Sunday, October 13

Please note that your route to church may be disrupted on Sunday, October 13 due to the Ann Arbor Marathon! View the <u>course map</u> and <u>road</u> <u>closures list</u> for more information.

# **Usher Meeting**

Sunday, October 13 at 11:15 am
There will be a meeting for all current ushers and anyone interested in becoming an usher after the 10:00 am service on Sunday, October 13.

### The Book of Job

Thursdays, October 17+24, November 7 at 5:30 pm in the Chapel.

The Book of Job explores the question "Why do bad things happen to good people?", radically challenging the doctrine of reward for the righteous and punishment for the wicked found in other books of the bible. A simple folk-like story frames some of the richest and challenging poetry in scripture, speaking across the

centuries to anyone who has experienced undeserved suffering. Join us in discussing this fascinating book.

# **All Saints' Sunday**

Sunday, November 3 at 10:00 am All Saints' Sunday is one of the days in the church year that our tradition deems especially appropriate for baptism. If you would like to be baptized on All Saints', please reach out to Fr. Paul - pfrolick@standrewsaa.org or 585-241-9317.

# **Thanksgiving Service**

Thursday, November 28 at 10:00 am Join us for worship on Thanksgiving Day at 10:00 am. We'll sing familiar hymns of thanksgiving, reflect on the practice of giving thanks, and celebrate the eucharist (which means 'thanksgiving').

# Update from the Vestry and Finance Committee

As of August 31, 2024, our total income is \$19,851 more than budgeted on the year and our total expenses are \$15,404 under budget. While this is good news, it is important to remember that we balanced the 2024 Operating Budget with \$62,502 from Prior Years' Surplus, representing about 50% of our cash reserves at this time. If the current financial picture holds, we might not need to draw as much from reserves, meaning we would retain a bit more of a financial cushion for future years.

Thanks to the faithful generosity of our members, our pledge payments are at 94% of budget for the year. As we rely on the pledges of our members for 80% of our operating budget, timely pledge payments are important for our cash flow. Thank you for your generous support of our mission and ministry!



# **Theater**

# **Fall Play**

Historical Moments from St. Andrew's Past is a play that was written for the 150th anniversary of St. Andrew's and first presented in 1978. It was last performed in 2003, as part of the 175th anniversary of the church. We will be reprising the play on November 10, as part of the 10:00 am service. It is an initial offering toward our 200th anniversary celebrations coming up in 2027. There are parts for all ages and lots of roles, so I am hoping for a big turnout of all our actors. Those new to St. Andrew's are welcomed. Rehearsals will be on four Saturdays, beginning on October 19, from 11:00 am to noon in the church sanctuary. It is a quick arc to performance, which I am hoping will allow it to fit into all your busy schedules.

After the fall play, the Christmas Pageant can't be far behind. The Pageant is also a cross-generational play, with parts for every age. Stay tuned for details about the rehearsal schedule.

There is an email list that I maintain of all those who might take an interest in the Theatre Ministry at St. Andrew's. There are many ways to participate beyond acting, including costuming, prop construction, stage management, and music. If you would like to be added, let me know at <a href="mailto:nrichert@comcast.net">nrichert@comcast.net</a>. There is no obligation associated with being on the list. It is just one way to keep up with theater at St. Andrew's.

**NORM RICHERT** *Theatre Ministries* 



# Sunday School Happenings

# THE BISHOP IS COMING! THE BISHOP IS COMING!

Sunday, October 6, Bishop Bonnie Perry will be here to confirm all those who have gone through the Confirmation classes. Two years ago, when the Bishop was here, the Sunday School made mitres and wore them in to church delighting the Bishop. This time we will make Episcopal shields, "Put on the armor of Christ," and bring them in to church. Later that day is the Blessing of the Animals for St. Francis Day at 4:00 pm.

October 13 is part of the Ann Arbor Schools Fall Break. However, we will still have one class of combined grades in the preschool room on the first floor. We will be learning about Joseph and his amazing multi-colored robe, maybe make a multi-colored potholder and make Egyptian necklaces. All ages welcome.

October 20 the high school students will be helping in church as lectors and ushers. The rest of the Sunday School will have a practice fire drill.

**November 10** there will be a play about the History of St. Andrew's so Sunday School will be shortened.

**November 17** the high schoolers again help in church.

Thanksgiving weekend there is Sunday School for combined grades. It will be Advent 1 and the 'O' antiphons will be sung in church making it a longer church service. So we will have plenty of time to make Advent wreaths and talk about Advent.

In faith, hope and love, **LINDA HASTINGS**Director of Children's Ministries









# **Parish Health**

# Flu Shots Will Be Given Sunday, October 20

The Ambulatory Care Immunization Program will administer influenza vaccinations on Sunday, October 20, 8:30 to 11:00 am, in the Lounge. Two vaccines will be offered, and, to increase effectiveness, four (4) influenza strains are covered in both. The "regular" vaccine is for anyone age 9 to 64 (9-17 year olds are required to have parent or guardian present). The "high-dose" vaccine also has four (4) influenza strains, all with a higher antigen dose; this will be given to adults age 65 and above. Adults with chronic diseases are especially encouraged to have the flu vaccine.

The HVNS accepts BC/BS, Aetna, Cigna and Medicaid/MI-Child; Medicare, Blue Care Network, Priority Health, and HAP are also accepted with no co-pay required. Self-pay? The cost is \$44 for the regular vaccine and \$68.80 for the "high dose" (check and credit cards accepted; no cash).

Also: EHM will sponsor a collection of expired and unwanted medications during the vaccine program, in the Chapel Lobby. We will confidentially accept any prescriptions or OTC items except for the following: Narcotics or DEA Controlled Substances, sunscreens, insect repellants, cosmetics, tobacco, hydrogen peroxide, rubbing alcohol, aerosol cans, IV bags, needles or sharps. You should leave medications in their original containers. To protect your privacy, remove or black-out any personal information on the label, but make sure the drug name is still visible. There is no fee for this collection, and you are welcome to participate regardless of whether or not you are getting a flu shot!

# **Daylight Savings ENDS Sunday, November 3!**

Is your emergency preparedness stockpile up-to-date?

When it's time to change your clocks because of daylight saving time, remember to check your preparedness kit to make sure your emergency stockpile isn't missing any items and that the food hasn't expired. If you haven't created a stockpile yet, now is the time to create one!

Be sure that you have at least a three-day supply of bottled water, non-perishable foods and essential medications set aside for each member of your family. (And as always, don't forget to check the batteries in your smoke alarms!)

# **SUICIDE AWARENESS AND PREVENTION:**



# NOVEMBER 17, 2024 11:30-1PM in the Chapel

September was National Suicide Awareness Month. The local Episcopal Churches have jointly sponsored the Ann Arbor Fall Suicide Prevention Walk. With suicide among the top ten causes of death in the United States—the fourth leading cause for those aged 35-54 and the second leading cause for individuals aged 10-34, it is understandable why communities and faith groups are focusing their supportive and loving attention on this sad subject. In Ann Arbor, the Washtenaw County Health Department has noted men over the age of 60 is the demographic group more likely to experience a suicidal death.

The Episcopal Health Ministry (EHM) has chosen the subject of Suicide Awareness and Prevention for their Fall Forum. Suicide affects 1 out of 5 people, either as a friend, family or caregiver. It is a challenging topic that impacts all stages of the life continuum from youth to seniors. Please join us on Sunday, November 17 from 11:30 – 1:00 pm for Suicide Awareness and Prevention: Creating Hope Through Action. This forum will include information, experiences, and prevention strategies with an emphasis on Washtenaw County resources. This fall you will see EHM highlighting some key beliefs about suicide prevention and what you can anticipate will be presented at the forum.

EHM is honored to have Scott and Julie Halpert as the keynote speakers. After losing their son, Garrett, to suicide in 2017 when he was just 23 years old, they have honored his memory and life by founding Garrett's Space. Garrett's Space is a non-medical residential space that provides supportive care options for young adults with anxiety, depression and life challenges. Q&A opportunity will conclude the presentation.



# **Breakfast Updates**

# Another Successful Benefit Concert!

Friday the 13th was a lucky day for the Breakfast Program. Old Crow Medicine Show came to town and put on an amazing performance at the Michigan Theater to support the Breakfast Program. Throughout the show, they spoke about the importance of serving others and the good work the Breakfast Program has been doing for 42 years. They did a wonderful job reminding us all why we were gathered together that evening.

Bishop Bonnie Perry was also in attendance and encouraged the crowd to donate to the Breakfast Program. Todd Nissen wrote a wonderful article about the concert and the Breakfast for Episcopal News Service. In case you missed it, you can read it here. Many thanks to Jim Cain who has organized benefit

concerts for the Program for over a decade. We are grateful for his energy, his expertise and his continued commitment to the Breakfast Program.

# Gently used items needed

As the leaves start to turn and the nights get cold, I find myself thinking about our many breakfast guests who do not have shelter. The local warming shelter doesn't open until November 11, and until then, many of our guests will be sleeping outside. If you have sleeping bags, blankets or warm clothing that you are no longer using, please consider donating those items to the Breakfast Program. Our guests are also looking for duffel bags and backpacks to carry their belongings. You do not need to buy anything new; gently used items are appropriate and appreciated. Donations can be dropped in the black bin at the Memorial Garden entrance or in the Parish Hall any morning from 7:00 - 9:30 am.

Cooking/Food Prep & Cleaning Our cooking/food prep and cleaning sessions continue to be a wonderful way for volunteers to connect while creating delicious and nutritious dishes for our guests and keeping our commercial kitchen sparkling clean. While we plan to hold cooking sessions on the first and third Thursday and last Saturday of each month, we have adjusted the schedule a bit for October to accommodate Sue's vacation and some home football games. The dates for October are on the SignUpGenius. You can sign up using this link: https://www.signupgenius.com/go/70A0B4DAFAB-2DA20-50663785-standrews#/

SUE NISHI

Director, Breakfast at St. Andrew's
breakfast@standrewsaa.org













# **Music Notes**



# 20 Years of Magnificent Music!

On Sunday, September 8 we had the honor of celebrating 20 years of music with Dr. Deborah Friauff, our Director of Music and Organist. Deborah's faithful leadership of hundreds of singers and other musicians has enriched our worship and inspired our souls, and we look forward to many more years of her beautiful music.

# **End Your Wednesday** with Evensong

What better way to unplug and recharge your spirit mid-week than at Evensong! Every Wednesday at 6:00 pm in the Chapel, this small service of evening prayers is sung by various lay leaders.

# **Compline Returns**

Compline will be held on the first Sunday of the month at 8:00 pm, October 2024 through April 2025. If you've never been, Compline is a meditative offering of thanksgiving to God for the blessings of the day and an appeal for protection through the night. Sung by the Compline Choir, the congregation participates through listening, silent prayer, and personal reflection.





# EARLY FALL 2024

# Parish Life Highlights

# **PHOTOS COURTESY OF:**

Ally Norris, Dennis Powers, Lucy Richert, Kate Riedel

Send your photos of parish life at St. Andrew's to communications@standrewsaa.org!































Above: Lay Eucharistic Ministers distribute communion on September 8, 2024 · K. Riedel

# **Weekly Events** Get Involved!

# **Sundays**

8:00 am Holy Eucharist (C) 9:15 am Family Eucharist (Cpl) **Sunday School** 9:45 am

10:00 am Holy Eucharist (C / YouTube)

# Wednesdays

7:00 am Holy Eucharist (Cpl) Cherub Choir (CL) 4:30 pm

Junior Handbell Choir (C) 4:30 pm

5:15 pm Junior Choir (CL) 6:00 pm Evensong (Cpl) Handbell Choir (C)) 6:30 pm

# **Thursdays**

10:00 am Bible Study (Zoom) 7:15 pm Adult Choir (CL)

# **Fridays**

12:15 pm Holy Eucharist (Cpl) 7:00 pm Alcoholics Anonymous (PH)

(AC) Acolyte Room (L) Lounge (C) Church (LEd) Lowe (CL) Choir Loft ucation Room (LEd) Lower Ed-(CL) Choir Loft ucation Room (Cpl) Chapel (PH) Parish Hall

# **Fall Play Schedule**

#### **REHEARSALS**

11:00 am in the Church

Saturday, October 19 Saturday, October 26 Saturday, November 2 Saturday, November 9

#### **PERFORMANCE**

**Sunday, November 10** During the 10:00 am service

# October 2024

### **Tuesday, October 1**

Glacier Hills Service 3:00 pm Prayer Vigil (Cpl) 5:30 pm

# **Thursday, October 3**

5:30 pm Anglican Identity (Cpl)

### Saturday, October 5

9:00 am St. Andrew's Gets Outside 1:00 pm Surviving the Election: Depolarizing Within (L)

### Sunday, October 6

Bishop Perry Visits St. Andrew's

10:00 am Holy Eucharist + Confirmation (C)

Blessing of the Animals 4:00 pm

7:00 pm *Music for Meditation:* Magnolia Rohrer, Violin (C)

8:00 pm Compline (C)

# Saturday, October 12

11:00 am Memorial Service for Alice Sano-Teachout (C)

### **Sunday, October 13**

**Ann Arbor Marathon Blood Pressure Screenings** 

11:15 am Usher Meeting (C)

#### Monday, October 14

2:00 pm History & Memorials (AC)

#### **Tuesday, October 15**

6:00 pm Finance (Z/L)

#### **Thursday, October 17**

5:30 pm The Book of Job (Cpl)

### **Sunday, October 20**

Flu Shots/Drug Dump (L)

### **Tuesday, October 22**

6:30 pm Vestry (L)

#### **Thursday, October 24**

5:30 pm The Book of Job (Cpl)

# **November 2024**

#### **ALL SAINTS' DAY - DAYLIGHT SAVINGS ENDS**

### **Sunday, November 3**

10:00 am Holy Eucharist + Baptism (C)

7:00 pm Music for Meditation:

*Requiem for the Living (C)* 

8:00 pm Compline (C)

### **Tuesday, November 5**

3:00 pm Glacier Hills Service 5:30 pm Prayer Vigil (Cpl)

# **Thursday, November 7**

5:30 pm The Book of Job (Cpl)

# **Sunday, November 10**

**Blood Pressure Screenings** 

10:00 am Holy Eucharist + Play (C)

# Monday, November 11

2:00 pm History & Memorials (AC)

# Saturday, November 16

**Habitat for Humanity Build** 

# Sunday, November 17

11:30 am EHM: Creating Hope through Action (Cpl)

# **Tuesday, November 19**

6:00 pm Finance (Z/L)

### **Tuesday, November 26**

6:30 pm Vestry (L)

#### **THANKSGIVING DAY**

#### **Thursday, November 28 Church Office Closed**

10:00 am Holy Eucharist (C)

# **Upcoming Events**

#### **Sunday, December 1**

10:00 am Holy Eucharist + O Antiphons

7:00 pm Music for Meditation

8:00 pm Compline

### **Sunday, December 15**

4:00 pm Lessons & Carols